

Muster-in

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The company is founded by a woman

- Start of business activity – 10th November 2005
- Donation for start-ups – 2.500 €
- Know-how and skills regarding management of non-governmental organizations, public and private cooperation, project management acquired during the work in the German Friedrich Ebert Foundation – the Silesian branch and afterwards the House for Polish-German Cooperation

The business activity:

- training
- consulting
- tutoring/coaching

Training and consulting in the area of:

- Personal development
- Start-ups
- Fund raising
- Project management
- Social and vocational inclusion
- Gender issues
- Strategic planning

Tutoring / coaching

- for local leaders
- for business, public institutions and non-governmental organizations

Projects

For start-ups

- Start your own business
- I want to be a boss
- Do you act in culture? Start a business!
- The development of micro enterprises and social cooperatives in Opole province

Promotion of gender equality:

- courses
- activities addressed to women

Courses regarding gender equality for:

- teachers
- the employees of provincial labour offices, and local authorities
- Teams implementing EU funded projects

Activities addressed to women

Artistic passions – the chance for new professions for young mothers

15th April 2008 – 30th November 2009

Target group: 50 unemployed women – mothers who live in the Silesian voivodship. They are talented and interested in developing their artistic and music skills.

The forms of support within the project:

- elaboration of an individual professional development plan
- Training on communication and problem solving
- artistic and musical classes
- courses regarding establishing and running a business
- courses concerning flexible forms of employment

Activities addressed to women

Businesswomen in rural areas

1st March 2009 – 30th June 2010

Target group: 45 unemployed women who live in the rural areas of Opole province

The forms of support within the project:

- consulting and training services concerning establishing and running a business
- elaboration of a business plan (with the help of counselors)
- subsidy for establishing a company – 40.000 Polish Zloty
- financial support – 700 Polish Zloty through the period of six months

Final product:

- The number of established start-ups: 44

Activities addressed to women

Project management – a new profession for unemployed, educated women

1st August 2010 – 31st July 2011

Target group: 50 unemployed women from Silesian voivodship

The forms of support within the project:

- career counselling
- The Job Seeker's Workshop
- workshops regarding project management
- workshops concerning running a business activity
- training "A woman and a mother in the labour market"
- classes with a stylist, support groups

Final product:

- 50 applications for co-financing written by participants

Activities addressed to women

I am a businesswoman – I establish a company

1st March 2012 – 31st January 2014

Target group: 30 unemployed women from Silesian voivodship

The forms of support within the project:

- consulting and training services concerning establishing and running a business activity
- elaboration of a business plan (with the help of counselors)
- subsidy for establishing a company – 40.000 Polish Zloty
- financial support – 700 Polish Zloty through the period of six months
- support groups
- business consulting through the period of 12 months from the registration date

Expected results:

- 28 established start-ups

Tutoring

- Tutoring for social leaders from Opole and Lower Silesian province within the enterprise “Women’s Inspirations” financed by Embassy of the United States
- 9 women having support of a tutor throughout 12 months
- Three hours in every month of individual meetings
- Promotion of the development focusing on gender issues